



# The Johns Creek Connection

The CDD will hold a meeting on **Wednesday, September 9, 2020** at **6:30 p.m.** using a video-conferencing platform (“Zoom”).

Please see below for how to join the conference.

Meeting ID: 964 8118 4914

Passcode: 563697

One tap mobile +16468769923,,96481184914#,,,,,0#,,563697#

Dial in: +1 646 876 9923

[Click here to join the meeting](#)

## **Zoom Tutorials**

### **Written Tutorials:**

[Please click here to download Zoom](#)

[Please click here to learn how to get started](#)

### **Video Tutorials:**

[Please click here to learn how to sign up and download Zoom](#)

[Please click here to learn how to join a Zoom meeting](#)

[Please click here to learn how to join and configure audio and video](#)

## **Included**

- Contacts & facility hours
- Amenity Information
- Food Trucks & more
- Events
- Programs & Classes
- Community Interest Groups
- Recipe of the month
- September Calendar





## COMMUNITY CONTACTS

*Need assistance or have a question?*

**Amenity Office located at Phase 1**

904.230.4208

[brandycreekmanager@yahoo.com](mailto:brandycreekmanager@yahoo.com)

### Field Operations Manager

Jim Masters

[jmasters@vestapropertyservices.com](mailto:jmasters@vestapropertyservices.com)

### Admin Assistant

Carol Novak

[cnovak@vestapropertyservices.com](mailto:cnovak@vestapropertyservices.com)

### CDD District Manager

Governmental Management Services

Jim Oliver

[joliver@gmsnf.com](mailto:joliver@gmsnf.com)

904.940.5850

475 W. Town Place

Suite 114

St. Augustine, Florida 32092

### HOA Property Manager

Interlaced Property Solutions

CAM Patty Bennett

[clientservices@interlacedjax.net](mailto:clientservices@interlacedjax.net)

904.619.9190

5991 Chester Ave

Suite 203,

Jacksonville, FL 32217



## MEETINGS

### CDD Board Meeting

Wednesday, September 9<sup>th</sup>

6:30 pm

Zoom

### Phase 1 POA ARB Meeting

Tuesday, September 8<sup>th</sup>

6:30pm

Phase 1



## AMENITY HOURS \*

### Office Hours

904.230.4208

Monday, Wednesday & Friday: 9:00am - 2:00pm

Saturday: 10:00am - 3:00pm

### Pool

Pool Hours are 8:00 am – 30 minutes before sunset.

### Fitness Center

Daily: 5:00 am – 11:00 pm



Affordable advertising  
for local businesses to  
connect with Johns  
Creek residents!

### Newsletter Advertisement Prices

\$90 for a full-page advertisement for 3 months

\$45 for a ½-page advertisement for 3 months

\$35 for a ¼-page advertisement for 3 months

### Requirements:

- We must receive your ad by the 20th of each month in order to be included in the following month's newsletter.
- Advertisers are responsible for supplying all digital content in an open format that will allow us to reformat when necessary.
- Ads must be in high resolution jpeg or PNG format as an attachment. Not embedded in an email.
- Space is limited and available on a first come, first serve basis.
- Send advertisements to [ksargent@vestapropertyservices.com](mailto:ksargent@vestapropertyservices.com)

Please register and pay at the amenity center.



## Amenity Information – September 2020

### Regarding Policy Revisions

***\*\*The revised policies take precedent over existing policies due to COVID-19.\*\****

As we move forward with our community, every department will have its own set of guidelines and protocols that we must follow in every phase for us to ensure a successful and safe re-opening. Please continue to monitor your e-blasts and websites for up to date information.

If you have any questions or concerns, please reach out to Jim Masters at [jmaster@vestapropertyservices.com](mailto:jmaster@vestapropertyservices.com).

### Regarding Pool Usage

Pools are available for residents to use Sunday through Saturday: 8 am to Dusk (30 minutes before sunset).

The following policies will continue in place for the safety of all residents. Each resident is responsible for reading and following these policies. These policies will take precedence over existing policies and rules and will be updated as new guidance is issued or circumstances change.

Use at your own risk; the CDD cannot offer any guarantees that these amenities or the other residents using them will be free of the COVID-19 virus.

- Residents only, NO guests or visitors are permitted.
- Use of the pool areas will be limited to 35 residents at a time.
- Please self-manage and do not enter these areas if they are at capacity
- As a courtesy to other residents, please limit your time at the pool
- Residents will be asked to leave if these areas are over capacity
- An access card is required to enter pool areas
- Residents should maintain a proper social distance of 6 feet.
- Face masks should be worn when individuals will be in close proximity and less than 6 feet apart
- No groups or gatherings of more than six people.
- Staff will be monitoring the pools and verifying residents and occupancy numbers; please allow them to do their job. Failure to follow these policies may result in a suspension of use rights for these amenities. Staff will be directed to close the pool areas if residents are not following the rules.
- Aqua fitness is at Phase 2 on Mondays from 6:30 pm – 7:30 pm, and at Phase 1 on Wednesdays from 6:30 pm – 7:30 pm. Residents are requested to please use the opposite pool at these times.
- The Phase 2 pool will be available every day from 8 am – 9:30 am for lap swimmers. Residents are requested to use the Phase 1 pool during this time.

### Regarding Amenity Rentals

Until further notice, the amenity rental areas will remain closed.



## Amenity Information

### Regarding the Fitness Facility

#### Hours

5:00 am – 11:00 pm

#### Rules

There are **NO** more than **5** people allowed in the fitness center at one time.

To ensure other's have access as well, please limit your facility use to **45** minutes each visit.

**NO** guests are permitted to accompany residents in the fitness facility at this time.

**NO** one under 14 years of age is allowed in the fitness center.

All users must have a valid access card to enter.

We will **NOT** be using sign-ups for the fitness center at this time.

#### Please continue to follow CDC Guidelines which include:

Maintain Social/physical distancing - 6 feet spacing.

Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.

Avoid touching your face.

Sneeze or cough into a tissue, or the inside of your elbow.

Disinfect frequently used items and surfaces as much as possible.

Strongly consider using face coverings while in public.

People who feel sick should stay home and report to CDD if you are COVID-19+ or come into close contact with a COVID-19+ person and were at the CDD facilities.

The CDD cannot offer any guaranties that these amenities or the other residents using them will be free of the COVID-19 virus.

Masks or face coverings and gloves are not required; however, they are recommended.

#### We ask that if you use the fitness center:

You understand you need to take action to protect yourself and any minors that accompany you by following social/physical distancing rules.

You understand that if you are ill with the symptoms listed here relating to COVID-19, you should refrain from using any CDD amenities: Cough, Shortness of breath or difficult breathing; or at least two of these symptoms: Fever, Chills, Repeated shaking with chills, Muscle Pain, Headache, sore throat, New loss of taste or smell.

You understand that you **MUST** wipe down all gym equipment and surfaces with a disinfectant before and after use.

By opening the fitness center, you understand this is a group effort for ALL the residents to work together. *If the Social/physical Distancing rules are not followed, we will have no other choice than to shut down the fitness center again. Failure to follow these policies can result in suspension of your privileges.*





**CHICK-FIL-A TO GO**

September 2<sup>nd</sup>\*

5:30pm-6:30pm at Phase 1

\*First Wednesday Only

*Calling all Cow-lovers, Chick-fil-A is back at Phase 1!*

Please note, they accept cash, credit and debit cards, but cannot accept Chick-fil-A gift cards.

Make sure they don't run out. Order in advance by calling 904-269-2210 or use the Chick-fil-A App. The Chick-fil-A store is the Orange Park Mall Store, and make sure to note Johns Creek Drop-off in the notes.



southwest grill®

**TACO TUESDAYS**

September 8<sup>th</sup> & 22<sup>nd</sup>

5:30pm at Phase 1

**\*Preorder Only\***

The St. Augustine Moe's is making Taco-Tuesday simple and bringing their delicious tacos directly to us at Johns Creek!

***Here's how you get your Taco Kit:***

Call (904) 417 0812 to order.

Each kit feeds 4-6 people for only **\$34.99!**

All orders must be in by 9:00 am on the day of the event.

Stay in your car and pick-up your taco kit at the "drive thru" located at Phase 1 between 5:00-5:30pm .

Got Questions? Call 904.417.0812

**FOOD TRUCK FRIDAYS**

5:30pm-6:30pm at Phase 1

**September 4**  
Cancelled

**September 18th**  
El Chamo Criollo  
A little Bit of Country

**September 11th**  
TBD

**September 25th**  
Brazilicious



**Please Note • Food Trucks and Menus are subject to change.**

# JOHNS CREEK LIFESTYLE: FITNESS AND AMENITY ATHLETICS!



## **High Fitness**

Thursdays, at 6:30 pm  
Phase 2 *Amenity Room*  
\$6 residents || \$8 guests

HIGH Fitness is an emerging leader in group fitness, inspiring people from all walks of life to a lifestyle of better health and overall wellness.

HIGH transforms old school aerobics into a highly addictive new fitness experience that combines simple, modern fitness techniques (i.e. HIIT, plyometrics, etc.) with music you know and love. This results in a high energy, INTENSE and crazy fun workout that leaves participants feeling HIGH and wanting more.

Our formula alternates between cardio peaks and toning tracks that will take your heart rate to the sky and strength to the next level. Beyond the workout, the HIGH fitness culture embodies a lifestyle of empowering people to maximize their health and be the best version of themselves.

GET ADDICTED TO FITNESS!



## **Yoga with Lina Hermez**

Saturdays, at 9:30pm  
Phase 2 *Amenity Room*  
\$6 residents || \$8 guests  
This class is for all skills levels!

**Please bring your own yoga mat and plenty of water.**



## **Aqua Fitness**

Join us Monday at 6:30 pm at Phase 2  
and  
Wednesday at 6:30 pm at Phase 1  
for a splash of fun and fitness.  
\$5 per class for residents

This is a great class for all ages and fitness levels. Using the resistance of the water to build muscle and endurance.



## **2020 Fall Soccer**

September 26th - November 14th  
Now \$125.00 per child Ages 3 to 14  
Games at Heritage Landing and Bartram Springs!  
Practice in a community near you!  
Our Mission: To provide a "recreational league" environment where families can have fun, learn the fundamentals of the game, and improve performance while promoting good sportsmanship and teamwork.  
Late registration is now being accepted.  
Please visit [www.AmenityAthletics.com](http://www.AmenityAthletics.com) for more information and registration.



# Community Interest Groups

## Book Club

The book Club meets once a month either at a member's home or at the amenity center. All the details are posted on our Facebook page. Feel free to join us even if you haven't read the book. For more information, contact Cindy Dicey at [cmdicey@gmail.com](mailto:cmdicey@gmail.com)

## Running Club

Interested in joining a running club in John's Creek? Contact Jennifer Stoner or go to the Facebook page: Johns Creek Running Club.

## Bible Study

John's Creek Bible Study – All are invited. You can begin attending at any time. Bible Study meets every Monday from 7:30-8:30am. Call or text Brandon at (904) 962-7600.

## Playgroup

Please check the John's Creek Community Facebook page for locations and times.

## Mom's Club of St. Augustine N.

We're looking for stay-at-home moms or part time working moms to join our club. We also have associate memberships for working moms. The club has events almost daily that include in home playdates, parks, community events, tours, and more. Make new friends for mommy and the kids! This chapter is limited to zip codes 32092 and 32095. Go to [www.sanmomsclub.weebly.com](http://www.sanmomsclub.weebly.com) to check us out. Inquires to [sanmoms@gmail.com](mailto:sanmoms@gmail.com)

\*\* If you are interested in starting or promoting a Community Interest Group, please email the Amenity Staff at [brandycreekmanager@yahoo.com](mailto:brandycreekmanager@yahoo.com). We will assist you with accommodating any community group as best possible. We look forward to hearing from you. This list is for informational purposes only and in no way should be considered an endorsement of or partnership with Brandy Creek CDD or Vesta Property Services.



## Ground Beef Stroganoff

1 tablespoon extra-virgin olive oil  
1 tablespoon butter  
12 ounces fresh white mushrooms, cleaned and sliced  
3 large cloves garlic, minced  
Salt and freshly ground black pepper, to taste  
1 pound ground beef  
1/2 teaspoon garlic powder  
1/2 teaspoon onion powder  
1 tablespoon Worcestershire sauce  
3 tablespoons flour  
2 cups beef broth  
1 cup sour cream  
1/4 cup fresh chopped parsley, divided  
Cooked egg noodles, for serving

### INSTRUCTIONS

Set a large pot or Dutch oven over medium high heat. Add the olive oil and butter until melted; swirl the pan. Add the mushrooms and garlic and sauté, stirring occasionally, for 5 to 8 minutes or until the liquid has evaporated. Season with salt and pepper to taste, and transfer to a bowl or plate; set aside. Return the pot to the heat and add the ground beef. Cook until no longer pink, breaking apart and stirring as the meat cooks; drain the grease. Reduce the heat to medium and stir in the garlic powder, onion powder, and Worcestershire sauce. Sprinkle the flour over the beef and cook for 1 minute, stirring continuously. Add the beef broth to the pot, stir to combine, bring to a boil, and reduce to a simmer. Cook for 5 minutes or until thickened. Add the mushrooms back to the pot along with the sour cream and half of the parsley. Stir to combine, adjust the salt and pepper to taste, and cook for a few more minutes until heated through. Serve over hot egg noodles garnished with additional chopped parsley.



## Sheet Pan Fajitas

### Ingredients

#### Fajitas

1 1/2 lbs boneless skinless chicken breasts, *or boneless skinless chicken thighs*  
3 bell peppers, *red, yellow or green, seeds removed*  
1 medium onion  
1 tsp cumin powder  
1 1/2 tsp chili powder  
1 tsp garlic powder, *or minced garlic*  
2 tsp paprika  
salt and pepper to taste  
1 tbsp vegetable oil  
8 flour tortillas, *8 inch size*

#### Garnishes - optional

lime, *wedges*  
fresh cilantro, *chopped*  
sour cream  
avocado

### Instructions

Preheat oven to 400°F. Set aside a large baking sheet. Place the onions and bell peppers on a work surface and slice into 1/2-inch wide pieces. Next, cut the chicken into 1/2-inch wide strips. *Note:* You may find it helpful to freeze the chicken for 30 minutes to firm the meat up for easier slicing. Scatter the chicken, peppers, onions and peppers evenly across the baking sheet. Sprinkle cumin, chili powder, garlic, paprika, salt and pepper on top and drizzle with oil. Using tongs or two spoons, toss all ingredients on the pan to coat evenly. Bake for 15 minutes. Remove from oven, and use tongs stir chicken and vegetables. Then slide them one-quarter of the way over, to make space for tortillas. Mop up excess juices with a paper towel, and then add the tortillas to the pan. Return to the oven and bake for 5 more minutes. Remove from oven and squeeze optional fresh lime on top. Serve in tortillas with optional cilantro, sour cream and avocado.





# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Aqua Fitness 6:30 pm Ph. 1  <i>Chick-fil-A</i>	HIGH Fitness 6:30 pm Ph. 2	<i>Food Truck Friday</i>	Yoga 9:30am Ph. 2
6	7	8	9	10	11	12
	Aqua Fitness 6:30 pm Ph. 2	<i>Moe's Taco Tuesday</i>  POA MEETING	Aqua Fitness 6:30 pm Ph. 1  CDD MEETING	HIGH Fitness 6:30 pm Ph. 2	<i>Food Truck Friday</i>	Yoga 9:30am Ph. 2
13	14	15	16	17	18	19
	Aqua Fitness 6:30 pm Ph. 2		Aqua Fitness 6:30 pm Ph. 1	HIGH Fitness 6:30 pm Ph. 2	<i>Food Truck Friday</i>	Yoga 9:30am Ph. 2
20	21	22	23	24	25	26
	Aqua Fitness 6:30 pm Ph. 2	<i>Moe's Taco Tuesday</i>	Aqua Fitness 6:30 pm Ph. 1	HIGH Fitness 6:30 pm Ph. 2	<i>Food Truck Friday</i>	Yoga 9:30am Ph. 2
27	28	29	30			

FAMILY TIME IS BETTER WITH TACOS

# TAKE-HOME TACO KIT

**\$34.99**

SERVES 4-6 AND COMES WITH 12 SOFT FLOUR TORTILLAS, YOUR CHOICE OF 2 PROTEINS, LETTUCE, SHREDDED CHEESE, PICO DE GALLO, RICE, BEANS, SOUR CREAM, AND A BOWL OF QUESO TO SHARE. AS USUAL, THE CHIPS AND SALSA ARE ON US!

**Moe's**  
southwest grill

ORDER BY PHONE 904.417.0812

**The St. Augustine Moe's is making Taco-Tuesday simple and bringing their delicious tacos directly to us at Johns Creek!**

**Here's how it works:**

1. Call 904.417.0812 to order your Moe's Family Taco Kit. Each kit feeds 4-6 people for only \$34.99!
2. All orders must be in by 9:00 am on the day of the event.
3. Stay in your car and pick-up your taco kit at the "drive thru" located at Phase I between 5:00-5:30pm on Tuesday, September 7<sup>th</sup> and 21<sup>st</sup>.
4. Got Questions? Call 904.417.0812

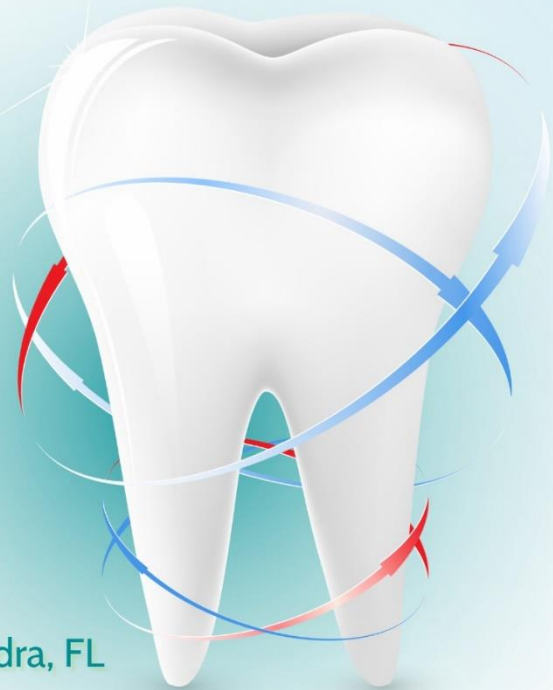
Thank you for your support! Stay safe and enjoy responsibly.

# Setzer, Cochran, Soares & Hubbard Pediatric Dentistry



CALL:  
BAYBERRY ROAD  
(904) 733-7254

PONTE VEDRA  
(904) 473-0600



A Warm Welcome and a Beautiful Smile  
Pediatric Dentistry in Jacksonville & Ponte Vedra, FL

There is nothing as precious as the smile of a child. This is why it is so important to keep that smile healthy, and your child happy. We specialize in pediatric dental care. With decades of combined experience and a team of board certified, highly qualified dentists and oral specialists, you can trust your child's teeth in our hands.

Our comprehensive dental services focus on preventative dental health. We understand the stress that comes with visiting a dentist—especially for children. By making regular trips to the dentist and putting an emphasis on regular cleanings and daily oral care, you can help set your child up for a lifetime of dental hygiene and optimal oral health.

Don't trust your child's teeth to just anyone. We have the experience, the knowledge and the care your child needs for a successful dental experience.

Our clients are our priority, we offer quality dental services with a team of specialists.



# Healthy After School Snack Ideas

## Quick after school snack ideas your kids will love!

### Greek Yogurt Drops

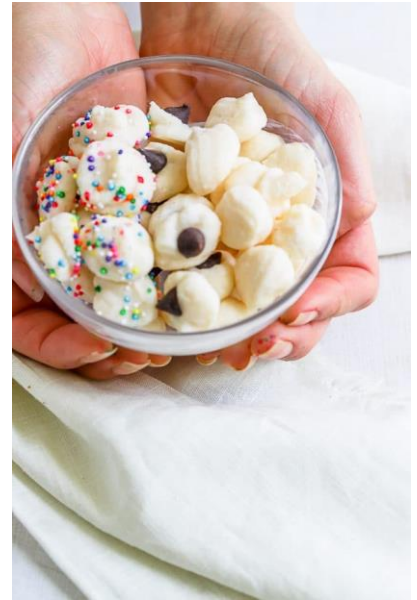
#### Ingredients:

Your favorite Greek Yogurt  
Chocolate Chips (optional)  
Sprinkles (optional)

#### Instructions:

- 1) Spoon the yogurt into a Ziplock bag. Squeeze the air out and zip it shut.
- 2) With scissors, cut off the corner tip of the bag to create a small hole.
- 3) Squeeze out your drops, placing them onto a cookie sheet that is covered in a piece of wax paper.
- 4) Stop here, or add sprinkles, chocolate chips, or blueberries.
- 5) Freeze for at least an hour, then scrape off the tray and enjoy!

Source: [ahealthysliceoflife.com](http://ahealthysliceoflife.com)



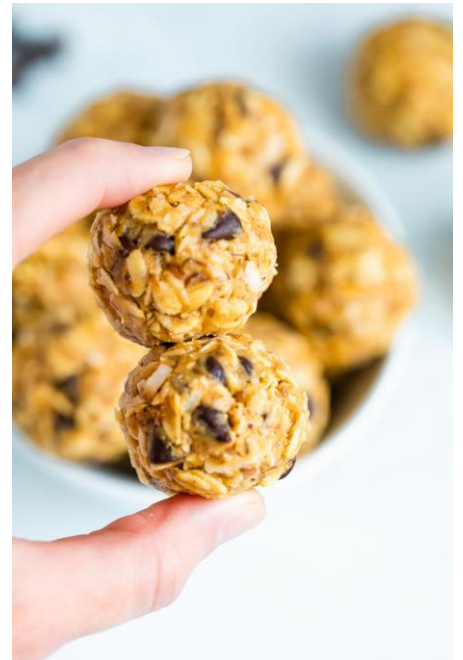
### Peanut Butter Snack Bites

#### Ingredients:

1 cup old fashioned rolled oats  
½ cup natural peanut butter (or any nut butter)  
¼ cup honey (or maple syrup)  
¼ cup unsweetened shredded coconut  
¼ cup chocolate chips  
2 tablespoons ground flaxseed (optional)  
1 teaspoon vanilla extract  
Pinch of sea salt

#### Instructions:

- 1) Place all ingredients in a large bowl and stir together well to combine.
- 2) Place bowl of "dough" in the fridge for 30 minutes to an hour so it can set up.
- 3) Bring dough out of the fridge and roll into balls about 1 tablespoon in size.
- 4) Store in a covered container in the fridge or freezer.





### School at Home Tips

Starting school at home can seem like a scary thing, but with these few tips you can make this transition smooth and stress free.

#### **1) Set at schedule**

Your student is very used to having a schedule at school. Most classrooms have it displayed on their walls so that students can keep track of their time. Try something similar in your home. Create a schedule of when to sit down and do schoolwork and when to have fun. Display this schedule in a place you will often see (the fridge is a great idea). This will keep both you and your student accountable on completing assignments and enjoying some fun!

#### **2) Take Breaks**

Make sure to include breaks throughout the day. These breaks are proven to reduce stress, boost brain function, and improve your student's mood. These breaks can be from 5-10 minutes long. Get creative with these breaks! There is a list included in this newsletter to get you started.

#### **3) Create a study space**

Just like when adults started working from home, students need their own study space. Creating study spaces can reduce distractions and get your student better sleep. Investing in a desk and chair is a great start to keeping your student organized and getting them focused on school. Get a fun chair for them to sit in so they will be even more excited to get started in the morning.

#### **4) Communicate with your student's teachers**

Teachers miss their students! They want to help your student succeed as much as they did when school was purely in person. Keeping an open line of communication between you and the teachers is very important to a successful year. Make sure to give you teacher plenty of time to respond.

#### **5) Listen to your student**

You and your student are on their new school at home journey together. You both might be stressed, anxious, and not sure what to do next. If your student is frustrated, ask what adjustments to your current routine you can make it have a better day the next day. Remember that you are both learning this new rhythm together so things might change, but you will figure it out!

