

# The Johns Creek Connection



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COMMUNITYCONTACTS

Need assistance or have a question?

Amenity Office located at Phase 1

904.230.4208

[brandycreekmanager@yahoo.com](mailto:brandycreekmanager@yahoo.com)

Field Operations Manager

Jim Masters

[jmasters@vestapropertyservices.com](mailto:jmasters@vestapropertyservices.com)

Admin Assistant

Jennifer Meadows

[jmeadows@vestapropertyservices.com](mailto:jmeadows@vestapropertyservices.com)

CDD District Manager

Governmental Management Services

Jim Oliver

[joliver@gmsnf.com](mailto:joliver@gmsnf.com)

904.940.5850

475 W. Town Place

Suite 114

St. Augustine, Florida 32092

HOA Property Manager

Interlaced Property Solutions

CAM Patty Bennett

[clientservices@interlacedjax.net](mailto:clientservices@interlacedjax.net)

904.619.9190

5991 Chester Ave

Suite 203,

Jacksonville, FL 32217



MEETINGS

CDD Board Meeting

Wednesday, May 12<sup>th</sup>

6:30 p.m.

Phase 2

Phase 1 POA Meeting

Thursday, April 15<sup>th</sup>

6:00pm

Phase 2



AMENITY HOURS\*

Office Hours

904.230.4208

Monday: 9:00am - 2:00pm

Wednesday: 12:00pm-7:00pm

Friday: 9:00am - 2:00pm

Saturday: 10:00am - 3:00pm

Pool

Pool Hours are 30 minutes after sunrise - 30 minutes before sunset.

Fitness Center

Daily: 5:00 am - 11:00 pm



Affordable advertising for local businesses to connect with Johns Creek residents!

Newsletter Advertisement Prices

\$90 for a full-page advertisement for 3 months

\$45 for a 1/2-page advertisement for 3 months

\$35 for a 1/4-page advertisement for 3 months

Requirements:

- We must receive your ad by the 20th of each month in order to be included in the following month's newsletter.
- Advertisers are responsible for supplying all digital content in an open format that will allow us to reformat when necessary.
- Ads must be in high resolution jpeg or PNG format as an attachment. Not embedded in an email.
- Space is limited and available on a first come, first served basis.
- Send advertisements to [jmeadows@vestapropertyservices.com](mailto:jmeadows@vestapropertyservices.com)

Please register and pay at the amenity center.

## Upcoming Events



**Saturday, April 3**  
**11am**  
**Phase 1**

Don't miss out on this fun Easter Egg Hunt! You bring the basket, and we supply the eggs filled with toys and candy! The Easter Bunny will be visiting the hunt too, so don't forget to bring your cameras.

The kids will be separated by age groups, masks are not required, but encouraged. To sign up for the event, please use the link in this email.



**Coffee and Conversation**  
**Friday, April 9**  
**9:30am – 11:00am**

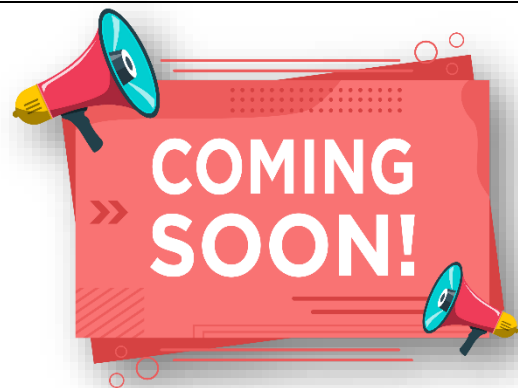
The weather is beautiful, its time to get out and enjoy it with your neighbors. We will supply the coffee and treats. You supply filling the seats! We look forward to seeing you all there!



**Saturday, April 24**  
**8:00am – 12:00pm**

It's that time of year again! Time to clean out those closets and clear out those attics. Let's find a new home for your once loved items.

All you need to do is put your treasures out on your driveway. We will take care of the signs.



**Women's Fitness Equipment Orientation**

Have you ever wanted to use our Gym Facility but felt overwhelmed by the equipment? Unsure of how they work or how much weight you should be using? Coming soon, Johns Creek has teamed up with our very own fitness instructor, Tracie Fero, to bring our resident ladies a complimentary fitness equipment orientation.

Stay tuned to next month's newsletter for more information on how to sign up for this awesome opportunity.

## Upcoming Events



### **“Drive-In” Movie Night Friday, April 16 8pm at Phase 2**



This month we will be having a special “drive-in” showing of Disney-Pixar’s Soul.

How exactly is this a drive-in movie? We want all the resident kids to build their very own Cardboard Car! Design your box to be cozy, with blankets and pillows on the inside, and awesome creative designs on the outside. We will be rewarding our car manufacturers with complimentary candy during the showing of the movie. Of course, we will also have delicious popcorn you can enjoy as well.

The story follows a middle school teacher named Joe Gardner, who seeks to reunite his soul and his body after they are accidentally separated, just before his big break as a jazz musician.

### **Spring Break – Sand Art Day**

**We were so lucky this year that our Spring Break week started off so beautiful! On Wednesday, March 17 we had a great time designing Sand Art photos! The kids were so creative and worked so hard on their amazing pictures!**



## **For Profit Lessons/Training**

We'd like to remind our residents that for profit lessons, training, and solicitation on any amenity center property are prohibited unless approved by Facility Manager.

If you have any questions or concerns regarding this matter or would like to enquire how to offer lessons/training, please contact Jim Masters at 904-716-1370 or email him at [jmasters@vestapropertyservices.com](mailto:jmasters@vestapropertyservices.com).



## **Stay Connected!**

**Don't miss out on what's happening in your community!**

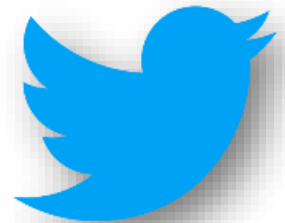


**[www.facebook.com/brandycreekcdd](http://www.facebook.com/brandycreekcdd)**

This is our official Johns Creek facebook page. Here you will find event reminders, important resident information, policy reminders, event cancellations, pool closings, etc.

**@johnscreek2**

Here you will find event reminders and cancellations, pool closings/  
openings, etc.



**Weekly E-Blasts**

Through emails, you will receive vital resident information, reminders of events and meetings, etc. If you aren't registered, you can sign up through our website [brandycreekcdd.com](http://brandycreekcdd.com).



**Bulletin Boards & Marquis Sign**

Located near/at both Phase 1 and Phase 2 Amenity Centers. Here you will find reminders of upcoming events and meetings.



**\*Do NOT contact staff with questions or concerns on any social media sites.  
Please call us at the office 904-230-42085 or email us at  
[brandycreekmanager@yahoo.com](mailto:brandycreekmanager@yahoo.com).**



**FOOD TRUCK WEDNESDAYS**

5:00pm-8:00pm at Phase 1

**April 7<sup>th</sup>**

Hibachi Hiro  
Wurstbusters  
Nitrogen Creamery

**April 14<sup>th</sup>**

Patty Shack  
Chinchillas  
Tasty Creamery

**April 21<sup>st</sup>**

Sal's Cucina  
I Love Pierogis  
Mister Softee

**April 28<sup>th</sup>**

The Copper Spoon  
Muzzi's Madhouse  
Henry's Kettle Korn

**Please Note •**  
**Food Trucks and Menus are subject**  
**to change.**



**TACO TUESDAYS**

April 13<sup>th</sup> and 27<sup>th</sup>  
5:30pm-6:30pm at Phase 1  
**\*Preorder Only\***

Moe's Southwest Grill is making Taco-Tuesday simple and convenient with their delicious meal kits pop-up events.

There are 3 kit options for residents to choose from: Taco Kit, Nacho Kit, and Fajita Kit. Kits feed 4-6 and start at \$29.99 (before tax).

To place an order, call 904-775-8553 no later than 4pm on the Monday before delivery.

To see what is included in your kits visit [moes.com/menu/meal-kits](http://moes.com/menu/meal-kits)





American Red Cross is a nationally recognized curriculum for swim instruction. This lesson program emphasizes water safety and encourages skill development by providing effective awards of achievement. All Swim Instructors at Johns Creek have been certified through the American Red Cross Swimming Program.

Johns Creek's lessons are a total learn-to-swim and water safety curriculum program for all ages and stages of aquatic development – toddlers through competitive swimmers. Children will learn water safety, body positioning, proper technique, and recovery. Class placement will be based on age and ability.

Level 1 – Children should be at least three years old.

Purpose: to help students feel comfortable and safe in the water. This introductory level is for non-swimmers or those who are not comfortable putting their face in the water. Skills taught include breath holding, back float, entering water independently, introduction to flutter kicking, and floating. Students with water experience may move through this level quickly.

Level 2 – Children should be comfortable in the water and swim 10 yards of front crawl.

Purpose: to give students fundamental and self-propulsion skills. Skills taught include unsupported front and back glide, front crawl coordination with breathing, and back crawl.

Level 3 – Children should be able to swim front crawl and 10 yards of back crawl.

Purpose: to build on and practice Level 2 skills. Skills taught include coordinating front crawl, back crawl, dolphin kick, and introduction to treading water, streamline, and breaststroke.

Swim Lesson Prices:

Group Lessons (Level 1-3): \$120 per swimmer, includes 8 lessons

Private Lessons (Level 1-3): \$220 per swimmer, includes 8 lessons

Semi-Private Lessons (Level 1-3): \$150 per swimmer, includes 8 lessons

PLEASE NOTE:

Participation in a swimming program does not “drown proof” your child. Lessons are vital for enabling your children to become more acclimated to water and to provide them with the proper tool for swimming independence. Adult supervision is essential in and around all aquatic environments, no matter their swimming ability.

### **GENERAL FITNESS CENTER POLICIES:**

**4am-11pm**

**Current Maximum Capacity: 8 persons**

1. Usage of the Fitness Center is restricted to Patrons 14 years of age or older.
2. Children under 14 years of age are prohibited from the Fitness Center entirely.
3. You may have a maximum (2) guests per household at all times. All guests must be accompanied by a Patron at all times.
4. Patrons and guests exercise at their own risk. Each individual is responsible for his or her own safety.
5. Appropriate clothing is required at all times (shirts, shorts, leotards, and/or sweat suits - no denim). For the comfort of others, shirts and bottoms must be kept on at all times.
6. Athletic footwear covering the entire foot is required to be worn at all times (no flipflops or sandal styles).
7. Loud, profane, and/or abusive language will not be tolerated.
8. Disorderly conduct and horseplay will not be tolerated.
9. Food and chewing gum is prohibited in the Fitness Center.
10. Beverages are permitted but must be in a covered and sealed container.
11. Glass and other breakable items are prohibited in the Fitness Center.
12. Smoking (including e-vapor cigarettes) and tobacco products are prohibited in the Fitness Center.
13. Audio devices are prohibited unless they are personal units equipped with headphones.
14. Every individual is responsible for spraying and wiping down the equipment after use.
15. Weights or equipment may not be removed from the Fitness Center for any reason.
16. Hand chalk is not permitted.
17. Weights and dumbbells must be placed down gently, not dropped.
18. Benches and machines may not be stepped on or climbed over.
19. Use of the cardio equipment must be limited to 30 minutes if others are waiting. Patrons are expected to share equipment.
20. Personal training or solicitation of training for fees is prohibited unless approved by Facility Manager.
21. All emergencies, injuries, and/or broken equipment must be reported to the Facility Manager.
22. The Facility Manager reserves the rights to discontinue any such programs and/or activities due to safety concerns or other conflicts with the operation of the facility.
23. Fitness Center may be closed due to maintenance needs.
24. Disregard for any Fitness Center rule or policy may result in expulsion from the Amenity Center and suspension of Amenity Center privileges.
25. Pets, bicycles, skateboards, roller blades, hover boards, and scooters are prohibited from the Fitness Center at all times.
26. All Patrons and guests of the Fitness Center are expected to conduct themselves in a responsible, courteous, and safe manner in compliance with Fitness Center rules and regulations.





Join us Monday & Wednesday  
at 6 pm at Phase 2  
\$5 per class for residents

This is a great class for all ages and fitness levels. If the weather is warm, the class will be in the pool. If it is cool and windy, the class will move inside to the Social Hall at Phase 2 for Fit and Fifty! Either way, you will have a great time getting fit.

## 10 FITNESS & NUTRITION TIPS FOR BEGINNERS

@cheatdaydesign



1. Nobody in the gym is judging how much weight you can lift. **Everyone is too focused on themselves.**



6. You can still make progress **without the scale moving**. Don't get too hung up on your weight.



2. If you don't understand something, **ask somebody who does.**



7. **Focus on using correct form.** Trying to use heavier weights with terrible form is only going to set you back.



3. Results don't happen overnight. **Takes things very slowly** and stop looking for shortcuts.



8. Tracking macros is a great tool to help you get started, **but it's not necessary.**



4. Don't be embarrassed to log your progress and **take photos of yourself**. It will help so much.



9. What works for someone else might not work for you. **Pave your own path.**



5. What you see in the mirror is not what everyone else sees. **You are by far your own worst critic.**



10. Always remember that there is **more to life than working out & dieting**. Don't let them take away from what is truly important to you.



Thursdays, at 6:30 pm  
Phase 2 **Amenity Room**  
\$6 residents || \$8 guests

HIGH Fitness is an emerging leader in group fitness, inspiring people from all walks of life to a lifestyle of better health and overall wellness. HIGH transforms old school aerobics into a highly addictive new fitness experience that combines simple, modern fitness techniques (i.e. HIIT, plyometrics, etc.) with music you know and love. This results in a high energy, INTENSE and crazy fun workout that leaves participants feeling HIGH and wanting more.

Our formula alternates between cardio peaks and toning tracks that will take your heart rate to the sky and strength to the next level. Beyond the workout, the HIGH fitness culture embodies a lifestyle of empowering people to maximize their health and be the best version of themselves.

GET ADDICTED TO FITNESS!





# Community Interest Groups

## Book Club

The Book Club meets once a month either at a member's home or at the amenity center. All the details are posted on our Facebook page.

Feel free to join us even if you haven't read the book. For more information, contact Cindy Dicey at [cmdicey@gmail.com](mailto:cmdicey@gmail.com)

## Mom's Club of St. Augustine N.

We're looking for stay-at-home moms or part time working moms to join our club. We also have associate memberships for working moms. The club has events almost daily that include in home playdates, parks, community events, tours, and more. Make new friends for mommy and the kids! This chapter is limited to zip codes 32092 and 32095. Go to [www.sanmomsclub.weebly.com](http://www.sanmomsclub.weebly.com) to check us out. Inquires to [sanmoms@gmail.com](mailto:sanmoms@gmail.com)

## Running Club

Interested in joining a running club in John's Creek? Contact Jennifer Stoner or go to the Facebook page: Johns Creek Running Club.

## Bible Study

John's Creek Bible Study – All are invited. You can begin attending at any time. Bible Study meets every Monday from 7:30-8:30am. Call or text Brandon at (904) 962-7600.

## Playgroup

Please check the John's Creek Community Facebook page for locations and times.

\*\* If you are interested in starting or promoting a Community Interest Group, please email the Amenity Staff at [brandycreekmanager@yahoo.com](mailto:brandycreekmanager@yahoo.com). We will assist you with accommodating any community group as best possible. We look forward to hearing from you. This list is for informational purposes only and in no way should be considered an endorsement of or partnership with Brandy Creek CDD or Vesta Property Services.

# The Very Hungry Caterpillar

## Ingredients

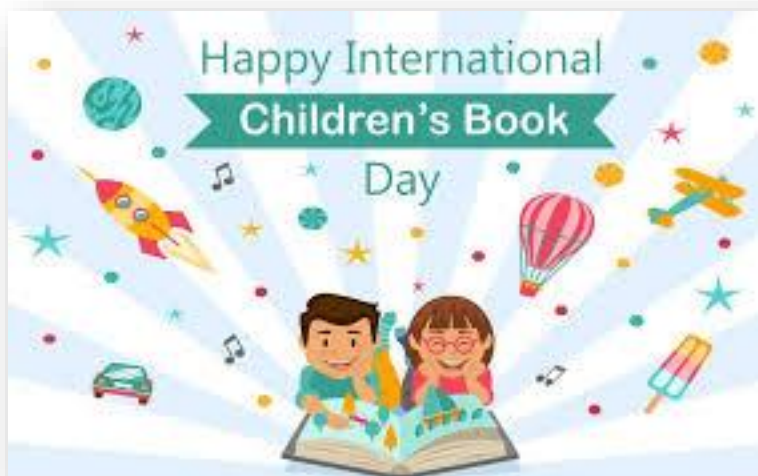
- 1 Golden Delicious Apple
- 1 Green Pear
- 1 Granny Smith Apple
- 2 Kiwis
- 1 Strawberry
- 6 Raisins



## Instructions

1. Slice each piece of fruit using a knife. Then cut the ends to fit & match up.
2. Line them up on a plate.
3. Cut the strawberry in half and place at the end of the apples to create the head.
4. Cut small pieces from apples to make eyes and antennas (break a toothpick in half to attach).
5. Use a mini chocolate chip for the nose.
6. Cut the raisins in half and press together to create the feet.

**Read *The Very Hungry Caterpillar* by Eric Carle while enjoying this snack!**



**On April 2, gather your family together to celebrate International Children's Book Day!**

"The more that you read, the more that you'll know. That more that you learn, the more places you'll go." – Dr. Seuss

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				High Fitness 6:30pm Phase 2		Easter Egg Hunt 11am Phase 1 
4	5	6	7	8	9	10
	Fit and Fifty 6:00pm Phase 2	High Fitness 6:30pm Phase 2	Fit and Fifty 6:00pm Phase 2  <i>Food Truck Wednesdays 5pm-8pm Phase 1</i>	High Fitness 6:30pm Phase 2	Coffee and Conversation 9:30am-11am Phase 1	
11	12	13	14	15	16	17
	Fit and Fifty 6:00pm Phase 2	<i>Moe's Taco Tuesday 5:30-6:30pm Phase 1</i> BAR Meeting 6:30pm Phase 1 High Fitness 6:30pm Phase 2	Fit and Fifty 6:00pm Phase 2  <i>Food Truck Wednesdays 5pm-8pm Phase 1</i>	PH1 POA Meeting 6:00pm Phase 2	Movie Night 8pm Phase 2	
18	19	20	21	22	23	24
	Fit and Fifty 6:00pm Phase 2	High Fitness 6:30pm Phase 2	Fit and Fifty 6:00pm Phase 2  <i>Food Truck Wednesdays 5pm-8pm Phase 1</i>	High Fitness 6:30pm Phase 2		Community Yard Sale 8am-12pm
25	26	27	28	29	30	
	Fit and Fifty 6:00pm Phase 2	<i>Moe's Taco Tuesday 5:30-6:30pm Phase 1</i>  High Fitness 6:30pm Phase 2	Fit and Fifty 6:00pm Phase 2  <i>Food Truck Wednesdays 5pm-8pm Phase 1</i>			

# April Pool Hours

as per the FLORIDA DEPARTMENT OF HEALTH  
Rule# 64E-9.008 || Saint Augustine, Florida, USA  
122012 Lat: 29.9583 Lon: -81.3383

There is no night swimming permitted at Johns Creek

	DATE	SUNRISE	OPEN	SUNSET	CLOSE
Thursday	1-April-21	7:13 AM	7:43 AM	7:44 PM	7:14 PM
Friday	2-April-21	7:11 AM	7:41 AM	7:45 PM	7:15 PM
Saturday	3-April-21	7:10 AM	7:40 AM	7:45 PM	7:15 PM
Sunday	4-April-21	7:09 AM	7:39 AM	7:46 PM	7:16 PM
Monday	5-April-21	7:08 AM	7:38 AM	7:46 PM	7:16 PM
Tuesday	6-April-21	7:07 AM	7:37 AM	7:47 PM	7:17 PM
Wednesday	7-April-21	7:06 AM	7:36 AM	7:48 PM	7:18 PM
Thursday	8-April-21	7:04 AM	7:34 AM	7:48 PM	7:18 PM
Friday	9-April-21	7:03 AM	7:33 AM	7:49 PM	7:19 PM
Saturday	10-April-21	7:02 AM	7:32 AM	7:49 PM	7:19 PM
Sunday	11-April-21	7:01 AM	7:31 AM	7:50 PM	7:20 PM
Monday	12-April-21	7:00 AM	7:30 AM	7:51 PM	7:21 PM
Tuesday	13-April-21	6:59 AM	7:29 AM	7:51 PM	7:21 PM
Wednesday	14-April-21	6:58 AM	7:28 AM	7:52 PM	7:22 PM
Thursday	15-April-21	6:57 AM	7:27 AM	7:52 PM	7:22 PM
Friday	16-April-21	6:56 AM	7:26 AM	7:53 PM	7:23 PM
Saturday	17-April-21	6:54 AM	7:24 AM	7:54 PM	7:24 PM
Sunday	18-April-21	6:53 AM	7:23 AM	7:54 PM	7:24 PM
Monday	19-April-21	6:52 AM	7:22 AM	7:55 PM	7:25 PM
Tuesday	20-April-21	6:51 AM	7:21 AM	7:56 PM	7:26 PM
Wednesday	21-April-21	6:50 AM	7:20 AM	7:56 PM	7:26 PM
Thursday	22-April-21	6:49 AM	7:19 AM	7:57 PM	7:27 PM
Friday	23-April-21	6:48 AM	7:18 AM	7:57 PM	7:27 PM
Saturday	24-April-21	6:47 AM	7:17 AM	7:58 PM	7:28 PM
Sunday	25-April-21	6:46 AM	7:16 AM	7:59 PM	7:29 PM
Monday	26-April-21	6:45 AM	7:15 AM	7:59 PM	7:29 PM
Tuesday	27-April-21	6:44 AM	7:14 AM	8:00 PM	7:30 PM
Wednesday	28-April-21	6:44 AM	7:14 AM	8:01 PM	7:31 PM
Thursday	29-April-21	6:43 AM	7:13 AM	8:01 PM	7:31 PM
Friday	30-April-21	6:42 AM	7:12 AM	8:02 PM	7:32 PM

TACO TUESDAY – Take Home!

# JOHNS CREEK MEAL KIT POP-UP

2ND & 4TH TUES OF EACH MONTH

Must pre-order by 4pm the day before  
Call 904-775-8553 to order  
Pick up at Amenity Center 5:30-6:30pm

CHOOSE FROM:  
**NACHO • TACO • FAJITA**



FEEDS 4-6